
Report on “Personal Effectiveness and Grooming Session” organized in collaboration with Right Side Story and Procter & Gamble on 12th November, 2024

1 message

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2 January 2025 at 11:59

Brief Report on “Personal Effectiveness and Grooming Session”
Organized on 12th November, 2024
by Faculty of Architecture, Planning & Design, Integral University, Lucknow

The Faculty of Architecture, Planning, and Design at Integral University, Lucknow, hosted a Personal Effectiveness and Grooming Session on November 12, 2024. Organized in collaboration with Right Side Story and Procter & Gamble, the event was held at LT1-001 in the Lecture Theatre Building (Phase-III) from 11:00 AM to 12:30 PM. Students from various departments enthusiastically participated in the workshop.

The session was conducted by **Ms. Shreya Singh**, a specialist in personality development and grooming. She covered key topics, including personal effectiveness, personality enhancement, grooming, and hygiene. She highlighted the significance of self-presentation, confidence, and adhering to professional grooming standards. Her engaging approach, featuring interactive activities and games, kept students involved and provided them with practical insights into the concepts discussed.

The workshop had strong support from faculty and student coordinators, whose efforts contributed to its success:

Faculty Coordinators:

1. Ar. Khurram Ashraf
2. Ar. Shubham Singh

Student Coordinators:

1. Abdul Samad
2. Harshit Saxena
3. Rishu

The event was sponsored by **Whisper and Gillette, brands under Procter & Gamble**. Both sponsors played a vital role by distributing gender-specific grooming kits to participants. This thoughtful gesture reinforced the importance of personal hygiene and added value to the session.

Students appreciated the workshop for its relevance and practical takeaways. Ms. Shreya’s ability to connect with the audience through relatable examples and her dynamic delivery made the session engaging and impactful. Participants expressed enthusiasm for such initiatives, highlighting how the session equipped them with skills essential for their personal and professional growth.

This workshop underscored the Faculty of Architecture, Planning and Design’s commitment to holistic education, ensuring students are well-prepared for the demands of the professional world. The session was a resounding success and left a lasting impression on all attendees.

Attached are images that capture the essence and spirit of this inspiring event.

Right Side Story

INTEGRAL UNIVERSITY

Procter & Gamble

Faculty of Architecture, Planning and Design

is organizing a

*Personal Effectiveness
& Grooming Session*

in collaboration with

Right Side Story and Procter & Gamble

DATE: 12th Nov, 2024
11:00 AM - 12:00 PM

QUEST SPEAKER
Ms. SAREVA SINGH
P.R. No. 1171001001

VENUE: Tribhuvan Building
Integral University
[Kursi Road] Lucknow

COORDINATORS
Faculty Coordinator: Dr. Zeba Nisar
Guest Coordinators: Ms. Sareva Singh, Ms. Anshu Singh

SPONSORS: Procter & Gamble, Right Side Story



Thanks and Warm Regards

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